

This is the health and safety policy of Brixham Harriers

Our health and safety policy is to

manage health and safety issues when out running  
ensure runners know they take responsibility for their own safety  
prevent accidents as much as possible  
Provide clear instructions and information to runners by run leaders  
implement emergency procedures if ever necessary  
be reviewed yearly

Arrangements for health and safety

Run leaders will be trained by England Athletics

Run leaders will make sure everyone is happy to run and that they do so at their own risk  
They will describe the route and any risks that may be encountered while out.  
Everyone will be accounted for at the end of a run.